



BTEC Sport

Level 3 National Extended Certificate • KS5 Leader: Mrs S Wareing • Exam Board: Edexcel/Pearson

Course Entry Requirements:

School entry requirements

Course Outline (includes content/modules to be studied):

On successful completion of a BTEC Level 3 National Extended Certificate learners can progress into higher education or within employment and/or continue their study in the same vocational area. The BTEC National Extended Certificate in Sport provides an introduction to the sector for learners looking to build a career in sport, within one of its occupational areas. These areas include careers in exercise and fitness, coaching, sports development and the outdoors.

The Edexcel Level 3 BTEC National Extended Certificate in Sport is a 2 year course: 60-credit and a 360 guided learning hour (GLH) qualification and is the equivalent size to 1 A-Level.

The course consists of three mandatory units plus one optional unit.

- Anatomy and Physiology in Sport
- Fitness Training and Programming for Health, Sport and Well-being
- Professional Development in the Sports Industry
- Practical Sports Performance

Assessment (exam length, % of units):

Assessment is in the form of a mandatory exam, mandatory synoptic assessment (seen material) and also written tasks which are internally assessed and set by the centre.

Learning strategies (include variety of lesson delivery and expectations of study):

Learners will take responsibility for their own learning and achievement with independent learning being a key focus. The programme of learning will consist of assignments which provide the opportunity for coverage of all grading criteria as set out in the grading grid for each unit. A variety of assessment methods will be used, including case studies, assignments, along with projects, performance observation and time-constrained assessments where appropriate. Realistic scenarios will play an important part in learners' assessment.